

KSI
YEAR 1 & 2

Physical Education

ATTACK AND DEFENCE



WHAT SHOULD I ALREADY KNOW?

I know how to...

Play a range of chasing games.

VOCABULARY

Attack / Attacker / Attacking	The team who have possession of the ball are the attacking team. The main aim for the attacking team is to keep possession of the ball and to score.
Defend / Defender / Defending	The defending team are the team not in possession of the ball. The main aim is to stop the attacking team from scoring and to win back possession of the ball.
Intercept	Anticipating a pass made by the other team and blocking the ball to regain possession.
Possession	While a team has possession of the ball it means they are in control of the ball.
Dribble / Dribbling	Dribbling is a way of moving with the ball and is one of the basic skills needed for invasion games.

STICKY KNOWLEDGE

Eye contact with team members is important to let them know your next move or intentions.

Defending can lead to regaining possession of the ball which can lead to an attack.

Marking an opponent means staying close to them.

WEAVING CONCEPTS



AMAZING ATHLETES

VITALITY ROSES



The England national women's netball team, also known as the *Vitality Roses*, represent England in international netball competition. As of 1 July 2020, the team is ranked third in the INF World Rankings. England have won one silver and several bronze medals at the World Cup and have won one gold medal at the Commonwealth Games.
<https://www.englandnetball.co.uk/england/vitality-roses/>

