

LKS2  
YEAR 3 & 4

# Physical Education

## OUTDOOR ADVENTURE



### WHAT SHOULD I ALREADY KNOW?

I know how to...

Read a simple map.

Communicate to begin to work as a team.

Choose equipment that is appropriate for an activity.

### VOCABULARY

Boundary	The edge of the space being working in, for instance, a line that flows the edge of the playground .
Control	What the children are looking for. These can be a combination of letters or numbers, or can involve learning from another subject. Need to be referenced on a map.
Linear	All of the controls on the map must be visited in order shown. Usually numerical, or alphabetical order.
Orienteering	Orienteering is an exciting outdoor adventure sport which is similar to a cross country race. The difference is that it involves walking or running while navigating around a course, such as the woods, using a detailed map and sometimes a compass..
Scale	The relative size of objects shown on a map.

### STICKY KNOWLEDGE

There are 120 orienteering clubs throughout Great Britain, joined together by Associations that make up British Orienteering.

Introduced in Sweden in 1918, orienteering had its first success in Scandinavia but later spread throughout Europe.

### WEAVING CONCEPTS



## ORIENTEERING



The British Orienteering Federation Limited, generally known and branded as British Orienteering, is the national sports governing body for the sport of orienteering in the United Kingdom. The federation was founded in June 1967, and is a member of the IOF.

<https://www.britishorienteering.org.uk/>

