

Year 5

Puzzle: Changing Me

Summer 2

Puzzle Piece	Weekly Celebration	Learning Intention/Objective	Vocabulary
1. Self and Body Image	Understand that everyone is unique and special	I am aware of my own self-image and how my body image fits into that.	<ul style="list-style-type: none"> • <i>Self</i> • <i>Self-image</i> • <i>Body image</i> • <i>Self-esteem</i> • <i>Perception</i> • <i>Characteristics</i> • <i>Aspects</i> • <i>Affirmation</i>
2. Having a Baby Year 4 (Ages 8-9)	Can express how they feel when change happens	I can correctly label the internal and external parts of male and female bodies that are necessary for making a baby.	<ul style="list-style-type: none"> • <i>Sperm</i> • <i>Egg/Ovum</i> • <i>Penis</i> • <i>Testicles</i> • <i>Vagina</i> • <i>Womb/Uterus</i> • <i>Ovaries</i> • <i>Making love</i> • <i>Having sex</i> • <i>Sexual intercourse</i> • <i>Fertilise</i> • <i>Conception</i>
3. Puberty and Menstruation Year 4 (Ages 8-9)	Understand and respect the changes that they see in themselves	I can describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this.	<ul style="list-style-type: none"> • <i>Puberty</i> • <i>Menstruation</i> • <i>Menstrual Cycle</i> • <i>Periods</i> • <i>Menstrual Pads</i> • <i>Period Pants</i> • <i>Tampons</i> • <i>Vagina</i> • <i>Vulva</i> • <i>Ovaries</i> • <i>Oestrogen</i> • <i>Fallopian Tube</i> • <i>Fertilised</i>

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<p>4. Circles of Change Year 4 (Ages 8-9)</p>	<p>Understand and respect the changes that they see in other people</p>	<p>I know how the circle of change works and can apply it to changes I want to make in my life.</p>	<ul style="list-style-type: none"> • <i>Circle</i> • <i>Seasons</i> • <i>Change</i> • <i>Control</i>
<p>5. Looking Ahead 1</p>	<p>Know who to ask for help if they are worried about change</p>	<p>I can identify what I am looking forward to about becoming a teenager and understand this brings growing responsibilities (age of consent).</p>	<ul style="list-style-type: none"> • <i>Teenager</i> • <i>Milestone</i> • <i>Perceptions</i> • <i>Puberty</i> • <i>Responsibilities</i> • <i>Consent</i>
<p>6. Looking Ahead 2</p>	<p>Are looking forward to change</p>	<p>I can identify what I am looking forward to when I move to my next class</p>	<ul style="list-style-type: none"> • <i>Change</i> • <i>Hope</i> • <i>Manage</i> • <i>Cope</i> • <i>Opportunities</i> • <i>Emotions</i> • <i>Fear</i> • <i>Excitement</i> • <i>Anxious</i>